

His Holiness the fourteenth Dalai Lama must be one of the most well-known and photographed people of recent times. He's known for his compassion, his ability to connect with, and to inspire people from all walks of life regardless of their faith, colour or creed. He has travelled the world extensively, spreading the message of happiness, world peace and care of the planet. "My religion is very simple. My religion is kindness." This soft-back, 156 page, lined journal (finished size 6" x 9") printed on white paper has been created for your own inspirations, thoughts and ideas. Full gloss colour photograph with an excellent exterior finish. Included throughout the journal are some of His Holiness's quotes and two of his most well-known comments on life today.

The Frontier in American History, Real Talk: Aboriginal Rappers Talk About Their Music And Country, Ask Me Anything: A Novel, Deirdre of the Sorrows, Greek art in view: Essays in honour of Brian Sparkes, The Railwaymans Wife: A Novel, The Book Of Animals: An Album Of Natural History, Parellel Lives: Five Victorian Marriages, The Girl with Three Legs: A Memoir, Black Dolls: Proud, Bold & Beautiful,

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