

Emotional Orphans tells the sad and moving stories of a number of lost children, young ones who had suffered abuse and abandonment and who had learned in consequence that trust in others was their most bitter enemy. In this wonderful book, Cate Shepherd describes her clinical work and gives us moving accounts of her inspiring successes and her heartbreaking failures. She also opens up her own trauma history, and allows us to see how the wounds carried by the healer play an indispensable role in the process of healing itself. This book should be read by every student and clinician who seeks to open the darkness of mistrust to the power of human understanding and connection.- George Atwood, Ph.D., author, *The Abyss of Madness*

In *Emotional Orphans*, Cate Shepherd shows how one can do effective therapy with a most difficult population of emotionally, sexually and physically abused adolescents. She is able to bring the kids alive in a series of case studies written in a clear, jargon-free and, at times, humorous style. I found I could not put the book down, so engrossing were her struggles with these deeply disturbed yet lovable patients. She also weaves in her own history of abuse and the way analytic therapy eventually helps her break free from both the legacy of this history and from the bureaucracy that continues the abuse. This is a beautifully written, deeply insightful and important book which should be required reading for everyone dealing with abuse and its aftermaths: therapists, patients, parents and step-parents, as well as the general reader.- Louis Breger, Ph.D., author, *Freud: Darkness in the Midst of Vision and Psychotherapy: Lives Intersecting*

Like the fabled animal-whisperer, Dr. Shepherd is able to maintain a therapeutic distance, not too close and not too far away, and wait patiently. Sometimes she waits for a very long time. The results are worth it as she shows how these troubled teenagers can eventually learn to feel safe and begin to trust... In the twenty years I have known Cate Shepherd, as a student and as a colleague, she has become one of my most valued teachers. This book is a must read for all parents, therapists and court officials who want to help this very troubled population of young people.- Sanford Shapiro, M.D., author, *Talking With Patients*

a surprisingly captivating reading experience...I am a psychologist who works clinically with adults, not children. Yet, I could not put this book down. I was fascinated and moved by her stories, and I became inspired to think differently about some of the work that I do with adults. And I could not put it down because it is so well-written. It is creative, compelling, written like a novel. It covers themes related to the anguish of being a marginalized child...Whether you are a clinician, educator, activist, parent or concerned citizen this book will move you, inspire, teach you. It did all those things for me.- Lynne Jacobs, Ph.D., psychoanalyst and author

Dr. Cate Shepherd's *Emotional Orphans* powerfully expands our understanding of the newer paradigm of psychoanalysis with heart, accessibility, and in plain and understandable language. In this day and age of opinion and verbosity, this is no easy feat! I found Shepherd's simple yet elegant writing style reassuring in that as author or clinician she appears to have nothing to prove. Rather, she humbly shares her compelling memoir, and the rich clinical information it possesses, with a self-reflective wry sense of humor that quite often led me to tears. I believe this book to be an invaluable tool for all workers in the adolescent/juvenile system, or for any practitioner who might want to broaden their learning on how one can reach young challenging patients, or any patient for that matter, with true love and empathy vs. tough love and confrontation. This book was a fabulous read!- Daniel Bradley Jones, Psy.D., psychoanalyst and author

*Mitochondria: The Dynamic Organelle (Advances in Biochemistry in Health and Disease)*, *Alabamas Forests*, 2000, *Dynamics of New Panchayati Raj System in India (Vol. 7: Financial Status of Panchayats)*, *Embellished Reality: Indian Painted Photographs*, *Somebody Loves Us All (Paperback)* - Common, Pantheon, *The Anglican Episcopate And The American Colonies*, KANT,

Emotional Orphans tells the sad and moving stories of a number of lost children, young ones who had suffered abuse and abandonment and who had learned. Title: Emotional Orphans: Healing Our Throwaway Children Author: Cate Shepherd, M.D. Sanford Shapiro, Ph.D. George Atwood Price: \$ The Paperback of the Emotional Orphans: Healing Our Throwaway Children by Cate Shepherd at Barnes & Noble. FREE Shipping on \$ or.

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